



the tallest poppy

The Tallest Poppy Project:
A Dynamic, Experiential Program Celebrating
Uniqueness and Potential!

BE YOU! AIM HIGH!

ABOUT THE TALLEST POPPY PROGRAM:

Created by nationally touring singer, songwriter and motivational speaker, Eleni Kelakos, The Tallest Poppy Program is based on the empowering message of her popular song, The Tallest Poppy (from her second CD, TO THE BONE, released on EEK! Records in 2000). In this simple but powerful song, Petal a spunky little poppy, dares to defy the law of the Poppy Land by growing past the Limit Sign and taller than the other poppies in the field. In so doing, Petal inspires other little Poppies to reach inside, honor their uniqueness and fulfill their own potential.

The Tallest Poppy Program uses the magical and transformative elements of theatre, music and storytelling in two separate, though interrelated components: **The Tallest Poppy Show** and the **Tallest Poppy Workshop**. These components can be booked or paired together for maximum impact.

THE TALLEST POPPY SHOW:

An interactive, one-woman theatrical show with music performed by Eleni Kelakos. With humor, passion and well-earned wisdom, Eleni, a tall poppy in her own right, uses the arc and events of her own life's path to illustrate the value of fully embracing and celebrating our individual uniqueness.

Adaptable to any environment and time frame. For girls and boys, 4th-7th grade; particularly suited for pre-teen girls. Songs include "My Body is My Rocketship," "What if Barbie Was Taller than Ken?" and "Choose to Choose."

THE TALLEST POPPY WORKSHOP:

A creative, experiential workshop that can work in tandem with the Tallest Poppy Show or as a separate entity. Participants learn the Tallest Poppy Song and become familiar with its five basic themes and lessons:

- Uniqueness and Potential
- When Others Limit Us
- Facing Obstacles
- The Power of Choice
- Setting an Example

With Eleni passionately facilitating, participants explore these themes through conversation and fun, interactive exercises. The workshop is a thought-provoking, creatively stimulating experience. It can be adapted to various ages, time frames and environments. Particularly effective with teen girls, including at-risk. Workshop participants leave feeling empowered and in touch with their own unique qualities, attributes and potential.

A NOTE TO EDUCATORS:

A helpful **Tallest Poppy Teacher's Guide**, and a colorful, whimsical **Tallest Poppy Workbook**, with creative exercises designed to stimulate thought and discussion on the themes of self-empowerment and self-actualization, are available for classroom use. These materials can be used to augment a visiting performance of Eleni's Tallest Poppy Show, her Tallest Poppy Workshop, or both.



Eleni Kelakos

Tallest Poppy Project
Founder and Program
Facilitator.

FOR RATES AND BOOKING INFORMATION:

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Or write: booking@theelenigroup.com

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